

Training Calendar SEPTEMBER & OCTOBER 2017

To Register For These Trainings, Please Email:
trainingregistration@riversideecc.org

SEPTEMBER

IMMIGRATION UNDER THE TRUMP ADMINISTRATION

Sarang Sekhavat, Federal Policy Director, MA Immigrant and Refugee Advocacy Coalition (MIRA), Boston, MA

Date/Time	Thursday, September 14, 10:00am-12:00pm
Location	Riverside Main Office, Dedham
Audience	Riverside Employees
CEUs/CEs Pending	Social Work/Licensed Mental Health Counseling/Licensed Marriage & Family Therapy/Nursing/Psychology

Immigrants face many new challenges under the Trump Administration. It is difficult for many members of our communities to understand the changes happening and to separate fact from rumor. This training will give service providers some of the tools necessary to cut through the confusion, understand how policy changes could impact people's lives, and get a handle on both how people can best protect themselves and what service providers can do to provide a safe space for their clients.

UNDERSTANDING TRAUMA AND TRAUMA-INFORMED CARE

Joanna Bridger, LICSW, Clinical Services Director, Riverside Trauma Center, Needham, MA

Date/Time	Monday, September 25, 10:00am-1:00pm
Location	Riverside Main Office, Dedham
Audience	Riverside Employees
CEUs/CEs Pending	Social Work/Licensed Mental Health Counseling/Licensed Marriage & Family Therapy/Nursing/Psychology

This training provides information about the prevalence and impact of traumatic events and explains why a focus on trauma is important. The training defines what it means to be trauma-informed, how this differs from and overlaps with trauma treatment, as well as what providers can do to ensure their practices and policies are more trauma informed. The concepts of safety, predictability, and control are explored and strategies to help establish them are highlighted. Particular attention is paid to self/co-regulation, affect management, and self-care skills both for the people being served and the providers themselves.

AMERICAN SIGN LANGUAGE (ASL) 5 WEEK COURSE

Carol Zurek, Statewide Coordinator for Deaf & Hard of Hearing, Department of Developmental Services (DDS)
Sponsored by Riverside's Diversity & Inclusion Committee

Date/Time	Monday, September 25, 10:00am-11:30am Monday, October 2, 10:00am-11:30am Monday, October 16, 10:00am-11:30am Monday, October 23, 10:00am-11:30am Monday, October 30, 10:00am-11:30am
Location	Riverside Main Office, Dedham
Audience	Riverside Employees Who Can Attend All 5 Sessions

This 5 session training will give students a brief introduction to ASL used by the Deaf Community. Students must commit to attend all sessions.

PERFORMANCE EVALUATION

Janet Maund, Director of Employee Relations, Riverside Community Care.

Date/Time:	Thursday, September 28, 10:00am-12:00pm
Location:	Riverside Main Office, Dedham
Audience:	Riverside Managers
CEUs Pending:	Social Work/Licensed Mental Health Counseling/Licensed Marriage & Family Therapy

Managers, get ready for Riverside's annual performance evaluation period - September 15 to November 15 by attending this training where we will provide you with the "nuts and bolts" of conducting fair and objective performance evaluations. Topic areas include:

- Providing performance feedback
- Preparing the written evaluation
- Addressing performance concerns
- Establishing goals
- Tips for conducting the meeting
- Pitfalls to avoid

OCTOBER

HUMAN RIGHTS NEW ADVOCATE TRAINING

HUMAN RIGHTS NEW ADVOCATE TRAINING

Ivy Watts, Quality Manager & Heather Griffin, Quality Manager-Riverside Community Care

Date/Time:	Wednesday, October 4, 9:00am-12:00pm
Location:	Riverside Main Office, Dedham
Audience:	Required for New Human Rights Advocates

This training provides participants with an introduction to Riverside's Human Rights System, including an understanding of basic human rights, the role and responsibilities of the Human Rights Advocate, required paperwork, the human rights complaint process and Riverside's Human Rights Committees.

HIRING TOP TALENT: BEST PRACTICES IN SCREENING AND INTERVIEWING

Paulo Fulton, LICSW, MBA, Assistant Vice President, Human Resources, Riverside Community Care

Date/Time: Wednesday, October 11, 9:30am-12:30pm
Location: Riverside Main Office, Dedham
Audience: Riverside Managers
CEUs Pending Social Work

Would you like to improve your interviewing and hiring skills? This training will review best practices in interviewing, including designing interviewing processes, question formation, and behavioral interviewing skills. Managers will learn to look at an applicant's ability to fit on their team as well as an applicant's development needs by using a model of screening adapted from the McKinsey 7S framework for management. Managers will learn to understand the job market and its impact on job applicants. Participants will discuss the modern day job applicant as well as the impact the job market has on applicants (special focus will be placed on millennials). Managers will leave the training understanding how to identify candidates that will impact their programs the most positively, assess the skills and abilities of candidates, and design a plan for onboarding & development.

YOUR VOICE CAN BE HEARD: EFFECTIVE ADVOCACY WITH LOCAL AND STATE GOVERNMENT

Scott M. Bock, Founder/President/CEO, Riverside Community Care

Date/Time Wednesday, October 18, 10:00am-12:00pm
Location *Neponset River Clubhouse, Norwood*
Audience Riverside Employees and People We Serve
CEUs Social Work/Licensed Mental Health Counseling/ Licensed Marriage & Family Therapy

You **can** have an effective voice with government leaders on issues that matter to you. An experienced advocate shares concrete strategies for ensuring that your views are heard by the right people and for exploring individual and collective action. Participants are encouraged to think creatively and share their own experiences.

UPDATE ON ALZHEIMER DISEASE IN DOWN SYNDROME-ARE WE CLOSE TO A CURE?

Florence Lai, M.D, Neurologist, Massachusetts General Hospital & McLean Hospital
Assistant Professor of Neurology, Harvard Medical School

Date/Time Friday, October 20, 10:00am-12:00pm
Location Riverside Main Office, Dedham
Audience Riverside Employees
CEUs/CEs Pending Social Work/Licensed Mental Health Counseling/Licensed Marriage & Family Therapy/Nursing/Psychology

It is well-known that the majority of older adults with Down Syndrome will develop Alzheimer Disease. The reasons and the underlying brain changes will be presented. We will discuss the importance of front-line care providers (in being the first "eyes and ears") in detecting the early changes that progress to dementia and conditions that masquerade as dementia but are not. The importance of serial evaluations will be illustrated with a real example to demonstrate what to expect with the natural progression of the disease. We will present the newest research that impacts the evaluations of those with Down Syndrome and the possibility for

prevention and perhaps even a cure. Time is reserved to answer questions from conference participants about real client issues.

FINANCIAL PLANNING FOR PEOPLE WITH LOVED ONES AND/OR CLIENTS WHO HAVE SPECIAL NEEDS

Richard Belofsky, CLU, ChFC, CFP, The Bullfinch Group, Needham, MA & Cynthia Haddad, CFP, Shepherd Financial Partners, Winchester, MA

Date/Time: Monday, October 23, 10:00am-11:30am
Location: Riverside Main Office, Dedham
Audience: Riverside Employees

We will discuss financial planning issues for families of children and adults with special needs. At each stage of life there are new concerns - medical, education, social, emotional, housing and care options. Proper planning requires a collaboration of advisors including financial and legal counseling. We will review the areas of concern and resources available for consideration. This workshop is intended for family members with loved ones who have Special Needs as well as those who have clients with Special Needs.

HUMAN RIGHTS ADVOCATE RETRAINING

Ivy Watts, Quality Manager & Heather Griffin, Quality Manager-Riverside Community Care

Date/Time: Tuesday, October 24, 9:00am-12:00pm
Location: Riverside Main Office, Dedham
Audience: Required all Human Rights Advocates to attend
Annually, this is *not* a training for new Advocates

A review of Riverside’s Human Rights System, the role and responsibilities of the Human Rights Advocate, required paperwork, the human rights complaint process and Riverside’s Human Rights Committees. Issues regarding basic human rights will be discussed using case examples. **Note:** *Current advocates need to be retrained on an annual basis. Please check your previous training date to see if you need to attend.*

**MANDATORY CERTIFICATION AND HEALTHCARE TRAINING
PRE-REGISTRATION IS NECESSARY:**

COMBINED ADULT CPR/FIRST AID (10:00am-4:00pm)

Wednesday, September 6	Riverside Main Office, Dedham
Tuesday, September 19	Riverside Main Office, Dedham
Tuesday, October 3	Riverside Main Office, Dedham
Tuesday, October 17	Riverside Main Office, Dedham
Tuesday, October 31	Riverside Main Office, Dedham

PEDIATRIC CPR/FIRST AID (10:00am-4:00pm)

Friday, October 6	Riverside Main Office, Dedham
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MEDICATION ADMINISTRATION RECERTIFICATION REVIEW (4:30pm-9:30pm)

Friday, September 29

Friday, October 20

Riverside, Lynnfield Office

Riverside Main Office, Dedham

Testing for Medication Administration Recertification: Conducted by Riverside trainer during class time.

MEDICATION ADMINISTRATION TRAINING (8:00am-4:00pm)

Saturday & Sunday, September 23 & 24

Saturday & Sunday, October 14 & 15

Riverside Main Office, Dedham

Riverside Main Office, Dedham

2-HOUR SAFETY TRAINING (3:00pm-5:00pm)

Tuesday, September 5

Monday, September 18

Tuesday, October 2

Monday, October 16

Monday, October 30

Riverside Main Office, Dedham

Riverside Main Office, Dedham

Riverside Main Office, Dedham

Riverside Main Office, Dedham

Riverside Main Office, Dedham

12-HOUR SAFETY TRAINING (9:30am-4:00pm)

Thursday & Friday, September 7 & 8

Wednesday & Thursday, October 4 & 5

Riverside Main Office, Dedham

Riverside Main Office, Dedham

ADVANCED SAFETY TRAINING REFRESHER

Wednesday, September 20, 9:30am-12:30pm

Wednesday, September 20, 1:00pm-4:00pm

Thursday, September 21, 9:30am-12:30pm

Thursday, September 21, 1:00pm-4:00pm

Wednesday, October 18, 9:30am-12:30pm

Wednesday, October 18, 1:00pm-4:00pm

Thursday, October 19, 9:30am-12:30pm

Thursday, October 19, 1:00pm-4:00pm

Riverside Main Office, Dedham

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E-LEARNING



INTRODUCTION TO MOTIVATIONAL INTERVIEWING

Presenter: Lori Hillard, Ph.D., Addiction Services Lead Clinician and Supervisor, Riverside Community Care

Description: This training will introduce participants to Motivational Interviewing, which is a collaborative, non-confrontational way of engaging with people we serve who struggle with addiction or any other behavior change. Participants will learn about the process of change and how to evoke individual motivations for change and change talk, as well as planning for change once a person is ready.

Duration: Part 1: 50 Minutes
Part 2: 50 Minutes

CEU's: Social Work CEU's have been applied for. In order to be eligible to receive these CEU's, you must view parts 1 & 2 of the training and then complete both the evaluation and post-test. Once you have completed both successfully, the system will notify us automatically. If/when our CEU application is approved, we will be able to begin sending CEU certificates to those who are eligible. CEU certificates will be sent to your Riverside e-mail from our Human Resources and Professional Development team. Please note that the CEU approval process often takes several months, so we appreciate your patience as we await the approval of this new offering. Please refer any questions to: trainingregistration@riversidecc.org

To View Part 1:

https://player.vimeo.com/external/212284768.hd.mp4?s=d5d1c6a3df5e11101805c6749ffa62083e54102b&profile_id=169

To View Part 2:

https://player.vimeo.com/external/212278847.hd.mp4?s=d5bc4d80a4eda69bbba96f869bf4260ecf9789ea&profile_id=119

To Access the PowerPoint Presentation:

<https://connect.riversidecc.org/polforms/Resources/Training%20and%20E-Learning/Motivational%20Interviewing/Introduction%20to%20Motivational%20Interviewing-Lori%20Hillard%20PhD.pptx>

To Access the Survey & Post-Test: https://www.surveymonkey.com/r/MI_E-Learning_2017

SELF-DETERMINATION, RECOVERY, RESILIENCY AND WELLNESS OVERVIEW

Introduction: Marsha Medalie, Executive Vice President/Chief Operating Officer

Presenters: Donald Hughes, Vice President of Community Living Services Division & Shannon Sorensen, Vice President of Child and Family Services.

Description: Self-determination, Recovery, Resiliency and Wellness are important concepts for Riverside and the people we serve. They are the foundation of our organization. In this training, you will learn about the history and movement behind Self-determination, Recovery, Resiliency and Wellness, and have a chance to hear directly from persons served why these concepts are so important to them and their families.

Duration: Part 1: 30 Minutes
Part 2: 5 Minutes

To View Part 1:

https://player.vimeo.com/external/210410207.hd.mp4?s=3986be5ee386d407d2bc352885887d1b535d1926&profile_id=119

To View Part 2:

https://player.vimeo.com/external/208132324.hd.mp4?s=461d81e6baf3bebe20d18919341c0aca116a6ae0&profile_id=119

To Access the Self-Determination, Recovery, Resiliency and Wellness Statement:

<https://connect.riversidecc.org/polforms/General%20Forms/Miscellaneous/Self%20Determination%20-%20Recovery%20-%20Resiliency%20-%20Wellness%20Statement.docx>

To Access the Language Matters Document:

<https://connect.riversidecc.org/polforms/General%20Forms/Miscellaneous/Language%20Matters%20Anti-Stigma%20Flyer.pdf>

To Access the PowerPoint:

<https://connect.riversidecc.org/polforms/Resources/Training%20and%20E-Learning/Self-Determination%20Recovery%20Resiliency%20and%20Wellness%20Training/Self-Determination%20Powerpoint%20for%20Video.pptx>

DSM-5 TRAINING

Presenter: Trudy L. Good, Ph.D., Psychologist for Community Based Flexible Support Teams, Riverside Community Care.

Description: This training is designed to give an introduction to the structural and diagnostic content changes from DSM-IV to DSM-5. The training assumes that participants are knowledgeable and comfortable with DSM-IV, and is designed to describe the changes so that the participants can identify further areas for self-study or training.

Duration: Part 1: 1 Hour & 22 Minutes
Part 2: 59 Minutes

To View Part 1:

https://player.vimeo.com/external/204990004.hd.mp4?s=14dea7fd5d48fb4976df7c41c35b707ac7225b3f&profile_id=119

To View Part 2:

https://player.vimeo.com/external/205036441.hd.mp4?s=b058d5d6dfafd3ddbe207cc9cbd8d88c047c6eab&profile_id=119

OUTCOME MEASURES: RIVERSIDE EHR/OUTCOMES TRAINING

Presenter: David R. Kraus, Ph.D., President and Chief Scientific Officer, Outcome Referrals, Framingham, MA

Description: This presentation will help clinicians use the measurement tool's results to engage the person being served, to build a clinical alliance, and to establish mutual goals/objectives in the initial treatment planning process. The training will demonstrate how the measures can be used to assess the progress that the individual is making, to determine when it is time to change to a different goal and when to decide with the individual that the person has achieved their goals and termination is warranted.

Duration: Part 1: 57 Minutes
Part 2: 51 Minutes

To View Part 1:

https://player.vimeo.com/external/205042008.hd.mp4?s=16f3b3769628cb373d27ea1b183026cf94d4b146&profile_id=119

To View Part 2:

https://player.vimeo.com/external/205086248.hd.mp4?s=9ed2d8b3ca90116c7d8787a1b4123a6e62a31bdb&profile_id=169

ARPCT: EditU Online Learning System

(A Great Tool Available for Riverside Employees & the People We Serve!)

Do you want to learn new skills? Would you benefit from a Time Management, Leadership or Microsoft Office training? EditU's Online Learning System will allow you to train at your convenience.

Trainings are broken down into three categories.

Business Skills

Accounting & Finance	Delegating	Presentation Skills
Brand Management	Leading & Managing Change	Project Management
Building Relationships	Facilitating	Marketing with Social Media

Desktop Skills

Access	Outlook	PowerPoint
Excel	Word	SharePoint

IT Skills

Business Skills for IT Professionals	Networks & Telecommunications	Data & Databases
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For complete course listing and to gain access to EditU, please contact:

Helen Boyle, Director of Training & Professional Development

hboyle@riversidecc.org

DEFENSIVE DRIVER TRAINING

Riverside has access to a free online defensive driver training through the Philadelphia Insurance website. www.phly.com.

Instructions to access Training:

- Log onto: www.phly.com
- On top of page, click: Log-in
- User name: **LossControl**
- Password: **Riskservices1**
- Click: Training (on left)
- Click: Online Interactive Defensive Driver Training
- Click: OK
- Complete the course
- Take the 20 question multiple choice exam & receive score
- Print out the staff Certification of Completion

MASSACHUSETTS DEPARTMENT OF DEVELOPMENTAL SERVICES (DDS) LEARNING WEBSITE

Check out this website filled with lots of free online training opportunities. Here's a sampling of what you'll find: **Intro to Positive Behavior Supports, Person Centered Practices, Self-Determination**, and even some **Computer Trainings** from very basic to more advanced. www.ddslearning.com Click on Training and Development Opportunities, then click on Learning Calendars.

If you are having trouble accessing this training due to an Adobe Flash 8.0 upgrade, contact Riverside IT by submitting an IT ticket or call the IT Help Desk at 781.320.5367.

Additional Information

- **HOW TO REGISTER FOR A TRAINING**

Trainings are free to Riverside Employees. Pre-registration is necessary. To register for these trainings please email trainingregistration@riversidecc.org.

- **WEATHER CANCELLATIONS:** Call 781.329.0909 and **press 8** for a recorded message.

Unless otherwise stated, there is no commercial support, or conflict of interests known for programs or instructors listed in this training announcement. For further information on learning objectives or other questions, please email trainingregistration@riversidecc.org or call 781-320-5346.

“Riverside Community Care is approved by the American Psychological Association to sponsor continuing education for psychologists. Riverside Community Care maintains responsibility for this program and its content.”

