Training Calendar
November & December 2016

To register for any of these trainings, please email:
trainingregistration@riversidecc.org

NOVEMBER

CLINICAL IMPLICATIONS OF ISLAMOPHOBIA AND ITS IMPACT BEYOND THE MUSLIM COMMUNITY
Waheeda Saif, LMHC, Program Coordinator, Riverside Trauma Center

Date/Time: Friday, November 4, 10:00am-1:00pm
Location: Riverside Main Office, Dedham
Audience: Riverside Employees
Sponsored By: Riverside’s Diversity & Inclusion Committee
CEUs/CEs Pending: Social Work/Licensed Mental Health Counseling/Licensed Marriage & Family Therapy/Psychology

This presentation will examine the impact of Islamophobia within the Muslim community, especially in the identity development of Muslim children. It will also discuss the far-reaching influence of Islamophobia on other marginalized and minority communities. Finally, the presentation will explore ways in which attendees can become allies to those in these disenfranchised groups, in both clinical and non-clinical settings.

YOUR VOICE CAN BE HEARD: EFFECTIVE ADVOCACY WITH LOCAL AND STATE GOVERNMENT
Scott M. Bock, Founder/President/CEO, Riverside Community Care

Date/Time: Wednesday, November 9, 10:00am-12:00pm
Location: Riverside Main Office, Dedham
Audience: Riverside Employees and People Served
CEUs: Social Work/Licensed Mental Health Counseling/ Licensed Marriage & Family Therapy

You can have an effective voice with government leaders on issues that matter to you. An experienced advocate shares concrete strategies for ensuring that your views are heard by the right people and for exploring individual and collective action. Participants are encouraged to think creatively and share their own experiences.
PARTNER ABUSE IN LGBQ/T COMMUNITIES
Beverly Eugene, Community Organizer & Johannes Van Osten, Education Associate-The Network/La Red, Boston

Date/Time: Thursday, November 10, 9:30am-12:30pm
Location: Riverside Main Office, Dedham
Audience: Riverside Employees
Sponsored By: Riverside’s Diversity & Inclusion Committee
CEUs/CEs Pending: Social Work/Licensed Mental Health Counseling/Licensed Marriage & Family Therapy/Psychology

Join us for this training to get an overview of domestic violence and the dynamics of abuse in the LGBQ/T Communities. This will cover:

- Similarities and differences in domestic violence between LGBQ/T and heterosexual, cisgender communities
- Barriers to service and support
- Introduction to the screening process to determine who is the survivor and who is the abuser
- How homo/bi/trans-phobia affects community awareness and actions
- How to support LGBQ/T survivors

PEACEMAKING CIRCLE FOR DIVERSITY AWARENESS
Diversity Committee Members, Riverside Community Care

Date/Time: Friday, November 11, 9:00am-3:00pm
Location: Riverside Main Office, Dedham
Sponsored By: Riverside’s Diversity & Inclusion Committee
Audience: Riverside Managers
CEUs/CEs Pending: Social Work/Licensed Mental Health Counseling/Licensed Marriage & Family Therapy/Psychology

This training is an experiential, self-reflective process. We will use a Peacemaking Circle as a structure and tool to discuss diversity/inclusion at Riverside. The Peacemaking Circle is a way of communication that levels the field, as each person has the opportunity to speak without interruption. The conversation moves around the circle, honoring each participant regardless of ‘organizational’ or ‘personal’ power. Through the circle process, each member is listened to and valued and has the opportunity to listen to and value others. Self-examination and growth happen at a personal pace. The conversation moves around the circle, with each member having an opportunity to share. In the ‘Circle,’ participants discover each other as human beings who might also have been misunderstood or judged. Riverside is offering this opportunity to managers as one of many tools to assist our colleagues in interacting in an honest, gentle and ‘real’ way. Our hope is that participants will discover commonalities in unexpected places and move toward a new level of understanding and acceptance where respect abounds.
DECEMBER

THE EXPERIENCE OF HEARING VOICES
Amy Long, Consumer/Practitioner, National Empowerment Center, Lawrence

Date/Time: Friday, December 2, 9:30am-12:30pm
Location: Riverside Main Office, Dedham
Audience: Riverside Employees
CEUs/CEs: Social Work/Licensed Mental Health Counseling/Licensed Marriage & Family Therapy/Nursing/Psychology

This provocative, experiential training provides comprehensive information about hearing voices and offers participants the experience of hearing voices while simultaneously engaging in a series of daily life activities. The experiential exercise is followed by lively discussion including strategies to promote self-help. Highly recommended for all staff working in mental health settings.

SUICIDE ASSESSMENT AND INTERVENTION TRAINING FOR MENTAL HEALTH PROFESSIONALS
Larry Berkowitz EdD, Director, and Joanna Bridger LICSW, Clinical Services Director-Riverside Trauma Center

Date/Time: Monday, December 5, 9:00am-5:00pm
Location: Riverside Main Office, Dedham
Audience: Riverside Employees
CEUs/CEs: Social Work/Licensed Mental Health Counseling/Licensed Marriage & Family Therapy/Nursing/Psychology

This training is designed to increase knowledge and improve the skills and confidence of clinicians and others who find themselves identifying high-risk clients and planning for their care. Participants will learn the scope of the problem, review current information on suicide risk factors, and examine personal reactions to dealing with suicidal behaviors. Best practices in risk assessment and crisis intervention will be presented, and attendees will learn techniques for eliciting suicidal ideation.

PEACEMAKING CIRCLE FOR DIVERSITY AWARENESS
Diversity Committee Members, Riverside Community Care

Date/Time: Friday, December 9, 9:00am-3:00pm
Location: Riverside Main Office, Dedham
Sponsored By: Riverside’s Diversity & Inclusion Committee
Audience: Riverside Managers
CEUs/CEs Pending: Social Work/Licensed Mental Health Counseling/Licensed Marriage & Family Therapy/Psychology

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**EYE OF THE STORM: RECONCEPTUALIZING TRAUMA IN INDIVIDUALS WITH EATING DISORDERS**
Beth Mayer, LICSW, Executive Director, & Rachel Benson Monroe, LMHC, Clinical Programs Coordinator-Multiservice Eating Disorders Association (MEDA), Newton, MA

**Date/Time:** Friday, December 16th 9:30am-12:30pm  
**Location:** Riverside Main Office, Dedham  
**Audience:** Riverside Employees  
**CEUs/CE’s Pending:** Social Work/Licensed Mental Health Counseling/Marriage & Family Therapy/Nursing & Psychology

The eye is a region of calm, low-pressure weather at the center of strong cyclones. It is surrounded by the eyewall, a ring of towering thunderstorms where the most severe weather occurs. The goal of this presentation is to help clinicians understand that healing from trauma and eating disorders is possible. We can help our clients find their own “eye of the storm” - calm acceptance despite the chaos that surrounds them. Beth Mayer, LICSW has been treating individuals with trauma and eating disorders for over 30 years and offers her extensive clinical experience to this presentation. Rachel Benson Monroe, LMHC brings a solid background in body and movement oriented therapies to her clinical work and career in the movement field. Together Beth and Rachel will provide participants with both concrete tools and interactive exercises to bring back to their clinical practices. Case studies, videos, and clinical anecdotes illustrate the ways clients can heal in diverse ways. Themes will include: symptomology, experiential therapies, vicarious traumatization, food related trauma, and holistic treatment strategies.

**MANDATORY CERTIFICATION AND HEALTHCARE TRAINING**  
**PRE-REGISTRATION IS NECESSARY**

**COMBINED ADULT CPR/FIRST AID (10:00am-4:00pm)**  
Tuesday, November 1 Riverside Main Office, Dedham  
Tuesday, November 15 Riverside Main Office, Dedham  
Tuesday, November 29 Riverside Main Office, Dedham  
Tuesday, December 13 Riverside Main Office, Dedham  
Wednesday, December 28 Riverside Main Office, Dedham

**MEDICATION ADMINISTRATION RECERTIFICATION REVIEW (4:30pm-9:30pm)**  
Friday, November 18 Riverside Main Office, Dedham  
Friday, December 16 Riverside Main Office, Dedham

*Testing for Medication Administration Recertification:* Conducted by Riverside trainer during class time.
MEDICATION ADMINISTRATION TRAINING (8:00am-4:00pm)
Friday & Saturday, November 4 & 5 Riverside Main Office, Dedham
Saturday & Sunday, December 10 & 11 Riverside Main Office, Dedham

2-HOUR SAFETY TRAINING (3:00pm-5:00pm)
Monday, November 14 Riverside Main Office, Dedham
Monday, November 28 Riverside Main Office, Dedham
Monday, December 12 Riverside Main Office, Dedham
Tuesday, December 27 Riverside Main Office, Dedham

12-HOUR SAFETY TRAINING (9:30am-4:00pm)
Wednesday & Thursday, November 2 & 3 Riverside Main Office, Dedham
Wednesday & Thursday, November 16 & 17 Riverside Main Office, Dedham
Wednesday & Thursday, November 30 & December 1 Riverside Main Office, Dedham
Wednesday & Thursday, December 14 & 15 Riverside Main Office, Dedham
Thursday & Friday, December 29 & 30 Riverside Main Office, Dedham

E-LEARNING SPOTLIGHT

ARPCT: EditU Online Learning System
(A Great Tool Available for Riverside Employees & the People We Serve!)
Do you want to learn new skills? Would you benefit from a Time Management, Leadership or Microsoft Office training? EditU’s Online Learning System will allow you to train at your convenience.
Trainings are broken down into three categories and can be saved to your personal training plan.

Business Skills:

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<tr>
<th>Accounting &amp; Finance</th>
<th>Delegating</th>
<th>Presentation Skills</th>
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<td>Brand Management</td>
<td>Leading &amp; Managing Change</td>
<td>Project Management</td>
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<tr>
<td>Building Relationships</td>
<td>Facilitating</td>
<td>Marketing with Social Media</td>
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Desktop Skills:

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<th>Access</th>
<th>Outlook</th>
<th>PowerPoint</th>
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<td>Excel</td>
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IT Skills:

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<th>Business Skills for IT Professionals</th>
<th>Networks &amp; Telecommunications</th>
<th>Data &amp; Databases</th>
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For complete course listing and to gain access to EditU, please contact:

Suprena Levy, E-Learning Specialist
slevy@riversidecc.org
DEFENSIVE DRIVER TRAINING
Riverside has access to a free online defensive driver training through the Philadelphia Insurance website. www.phly.com.

Format:
- Requires user name and password (see below)
- Can start, pause, stop and re-start the presentation at your convenience
- Includes interactive learning activities during the presentation
- Offers a 20 question multiple choice exam at the end of the presentation
- Provides scoring and answer key after the exam
- Asks student to enter their name and agency onto a template and then prints out a certificate of completion with the date and score

Instructions to access Training:
- Log onto: www.phly.com
- On top of page, click: Log-in
- User name: LossControl
- Password: Riskservices1
- Click: Online Interactive Defensive Driver Training
- Click: OK
- Complete the course
- Take the 20 question multiple choice exam
- Receive score
- Print out the staff Certification of Completion

OUTCOME MEASURES: RIVERSIDE EHR/OUTCOMES TRAINING
David R. Kraus, Ph.D., President and Chief Scientific Officer, Outcome Referrals, Framingham, MA.

How to Access Training: Reserve the presentation on a Flash Drive by contacting your Division Vice President
Training Duration: 1 Hour & 47 Minutes
CEUs/CEs Pending: Social Work/Licensed Mental Health Counseling/Licensed Marriage & Family Therapy/Nursing/Psychology

Outcome Measures may be required by certain payers or regulators and too often clinicians lose sight of the purpose and possible utilities of administering an Outcome Measurement Tool. This presentation will help clinicians use the measurement tool’s results to engage the person being served, to build a clinical alliance, and to establish mutual goals/objectives in the initial treatment planning process. The training will demonstrate how the measures can be used to assess the progress that the individual is making, to determine when it is time to change to a different goal and when to decide with the individual that the person has achieved their goals and termination is warranted.

MASSACHUSETTS DEPARTMENT OF DEVELOPMENTAL SERVICES (DDS) LEARNING WEBSITE
Check out this website filled with lots of free online training opportunities. Here’s a sampling of what you’ll find: Intro to Positive Behavior Supports, Person Centered Practices, Self-Determination, and even some Computer Trainings from very basic to more advanced. www.ddslearning.com Click on Training and Development Opportunities, then click on Learning Calendars.
THREE WAYS TO MAINTAIN A HEALTHY LIFESTYLE
This training was designed by Riverside Community Care to inform employees and people served about the different ways to eat healthy, purchase healthy food and prepare healthy meals. The state mandated Executive Order 509 was used to prepare this training.

Training Link:
Three Ways to Maintain a Healthy Lifestyle E-Learning Training (Duration: 25 minutes)

If you are having trouble accessing this training due to an Adobe Flash 8.0 upgrade, contact Riverside IT by submitting an IT ticket or call the IT Help Desk at 781.320.5367.

Additional Information:

HOW TO REGISTER FOR A TRAINING
Trainings are free to Riverside Employees. Pre-registration is necessary. To register for these trainings please email trainingregistration@riversidecc.org.

TRAINING LOCATION
RIVERSIDE MAIN OFFICE-DEDHAM
270 Bridge Street, Suite 204, Dedham.

WEATHER CANCELLATIONS: Call 781.329.0909 and press 8 for a recorded message.

“Riverside Community Care is approved by the American Psychological Association to sponsor continuing education for psychologists. Riverside Community Care maintains responsibility for this program and its content.”